

# SLIM BEAUTY

*Closely Personal Devil Coach*

- ***Peach hip / Vest line***
- ***Beautiful legs and arm lines***



# USER MANUAL

# New concepts of slimming & fat reducing

- The real meaning of "slimming&fat reducing" is to lose the weight of fat and reduce the body fat rate, not just to reduce the weight!



High quality "slimming & fat reducing" is the muscle lines and curves with strength aesthetic feeling, sending out the beauty of healthy!

## Various slimming & fat reducing methods



### Exercise

Hard and takes a long time!



### Diet

Need to starve the body may lack nutrition



### Medicine

It have side effects and may have diarrhea!



### Liposuction

High risk, such as wound infection, serious pulmonary embolism may be fatal!

2003

Infrared energy lipolysis instrument

2010

RF slimming instrument

2016

HIFU dissolving fat

2020

Magnetic wave builds muscle and reduces fat

## Instrument

Focus on fat reduction / fat dissolving, pursuit of reduction of weight loss and waist circumference

# Slimming & fat reducing need to build muscle

## The more muscle, the faster fat burns

- Why can muscle men fat and thin? That's because they absorb more and burn more calories at the same time. The amount of muscle is directly proportional to the amount of consumption. The more muscle, the greater heat consumption. So muscle men can consume energy at any time, even during sleep, and consume more than you exercise. If you want to develop a lean body, then you need to increase muscle.

## Benefits of building muscle

- ☑ Improving the constitution of obesity and the efficiency of weight loss.
- ☑ Shaping a strong and handsome figure
- ☑ Preventing from aging and maintaining physical youth
- ☑ Reducing chronic pain in muscles and joints
- ☑ Helping blood circulation and smooth
- ☑ Protecting the safety of uterus, intestines and other organs
- ☑ Improving and preventing the diabetes mellitus
- ☑ Reducing high blood pressure to relieve pressure vessels
- ☑ Prevention of heart disease
- ☑ Enhancing memory and preventing from dementia



Volume ratio of muscle&fat of the same weight is 1 : 3

## Choosing the right method for muscle growth and fat loss

### ■ If a woman's muscles are enlarged, will they be rough?

#### The method of choice determines the final result!

Women are naturally deficient in a hormone testosterone that makes muscles hypertrophic. They are mainly secreted by male testicles or female ovaries. Females secrete very little. Therefore, it is not easy for girls to practice muscles like men's in nature.



muscle sense of taking medicine and injection



strong and beautiful body building line



## Slim beauty

The ultimate way to increase muscle and reduce fat——Slim beauty



Painless, sweatless, convenient and fast,  
just lie down for 30 minutes= 5.5 hours of exercise

### The effects of slim beauty

- ☒ The medical research shows that after one course of treatment, it can effectively increase 16% muscle and reduce 19% fat at the same time.
- ☒ Exercising the abdominal muscles, shaping the vest line / exercising the hip muscles, creating the peach hips / exercising the abdominal oblique muscles, and shaping the mermaid line.
- ☒ Improving abdominal muscles that become loose due to rectus abdominis, and shaping the vest line. It is especially suitable for mothers who have an increased belly circumference and a loose belly due to the rectus abdominis separation after delivery.
- ☒ To activate the collagen regeneration of the lower pelvic floor muscle tissue, tighten the loosened pelvic floor muscles, solve the problem of urine infiltration and incontinence, and indirectly achieve the effect of tightening vaginal.
- ☒ Exercising strengthens the core muscles, including the abdominals of the major core (rectus abdominis, external oblique, internal oblique, transverse abdominis) and the gluteus maximus of the minor core. Core muscle groups can protect the spine, maintain trunk stability, maintain correct posture, improve athletic ability and reduce the chance of injury, provide structural support to the whole body, and create a young body.

# Principle

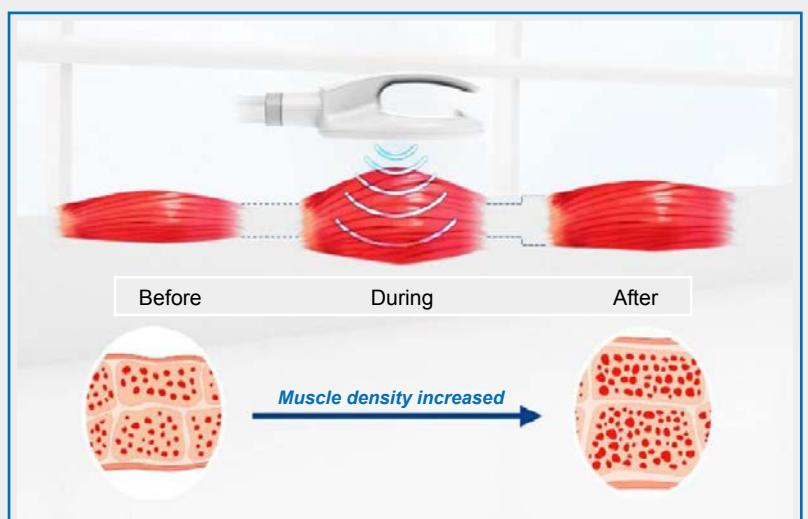
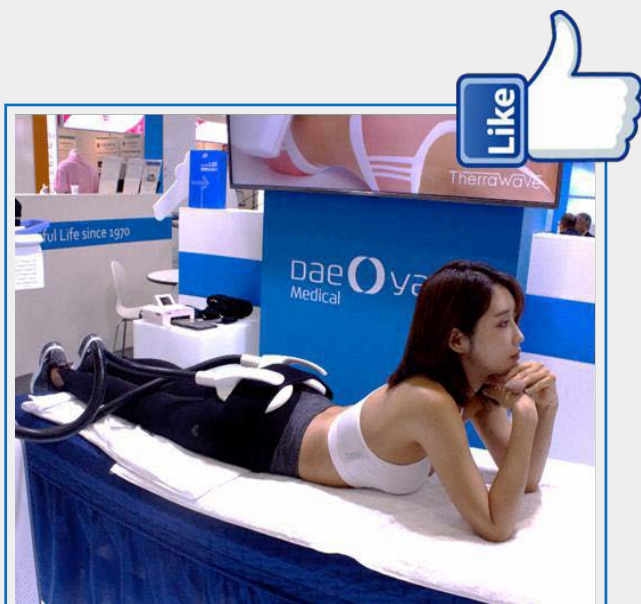


Using HI-EMT (High Energy Focused Electromagnetic Wave) technology to continuously expand and contract autologous muscles and carry out extreme training to deeply reshape the internal structure of the muscle, that is, the growth of muscle fibrils (muscle enlargement) and produce new protein chains and muscle fibers (muscle hyperplasia), so as to train and increase muscle density and volume.

The 100% extreme muscle contraction of HI-EMT technology can trigger a large amount of fat decomposition, Fatty acids are broken down from triglycerides and accumulated in fat cells.

The concentrations of fatty acids are too high, causing the fat cells to apoptosis, which is excreted by the body's normal metabolism within a few weeks. Therefore, slim beauty machine can strengthen and increase muscle, and reduce fat at the same time.

**Non-ionizing · Non-thermal · No radiation**



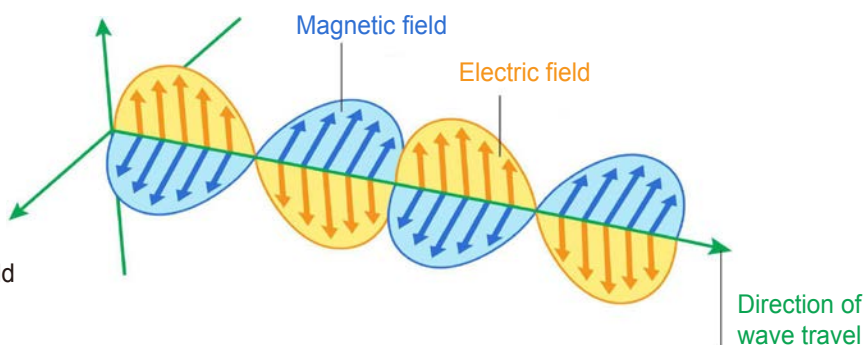
# High-energy focused electromagnetic waves(HI-EMT)

The electromagnetic field of HI-EMT can target the motor nerve cells and generate the action potential, which directly stimulates the muscle contraction. It can be said that "you can exercise while lying down." In the 30 minute course of treatment, the muscle contracts 30000 times with high frequency and intensity, which can not be achieved in general exercise! The ultimate contraction of muscle needs a large amount of energy supply, so the fat cells beside the muscle are also consumed, leading to natural apoptosis and effective reduction of fat thickness.

The muscle movement caused by HI-EMT not only does not cause damage to other joints or bones of the body, but also effectively strengthens the abdominal or hip muscles, increasing the number and volume of muscle fibers: not only making the body line more prominent, "mermaid line", "vest line" is more obvious.

## Electromagnetic waves

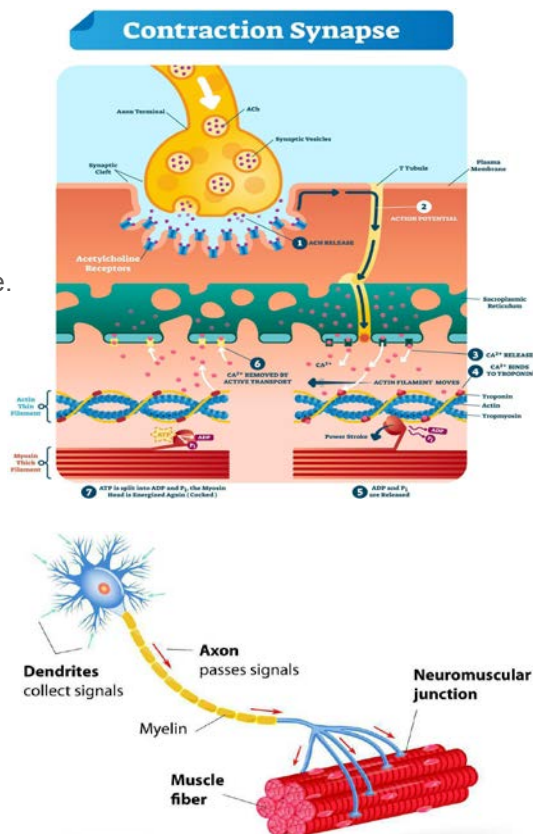
In physics  
Electromagnetic radiation refers to  
the waves of the electromagnetic field



## HI-EMT (High-energy focused electromagnetic waves) instead of HIIT (High-intensity interval training)

**I-EMT** It passes through the body noninvasively and interacts with motoneurons. Motoneurons then trigger large muscle contractions due to action potentials. The brain transmits information to stimulate motoneurons. For these high-speed frequent contractions will lead to muscle strengthening. Energy penetrates deeper muscle tissue through pre-designed procedures designed for different body parts and different purposes, enhancing stimulation and training the muscle. Stimulated muscles increase blood circulation and burn calories. It's like lying down and doing HIIT (High Intensity Interval Training) high-intensity interval training, which will produce the A self-burning fat effect. In addition, building muscle growth while burning fat, a short-term treatment can help burn a lot of calories and increase the metabolic rate, so that you can continue to lose fat even after sleeping.

**HIIT** (High-intensity interval training), recognized by the world as a healthy and efficient fat-reducing method, which can help people burn fat quickly in a short period of time. After completing a set of HIIT, your metabolism can be rapidly increased within 48 hours. This special method has swept the world since its introduction.

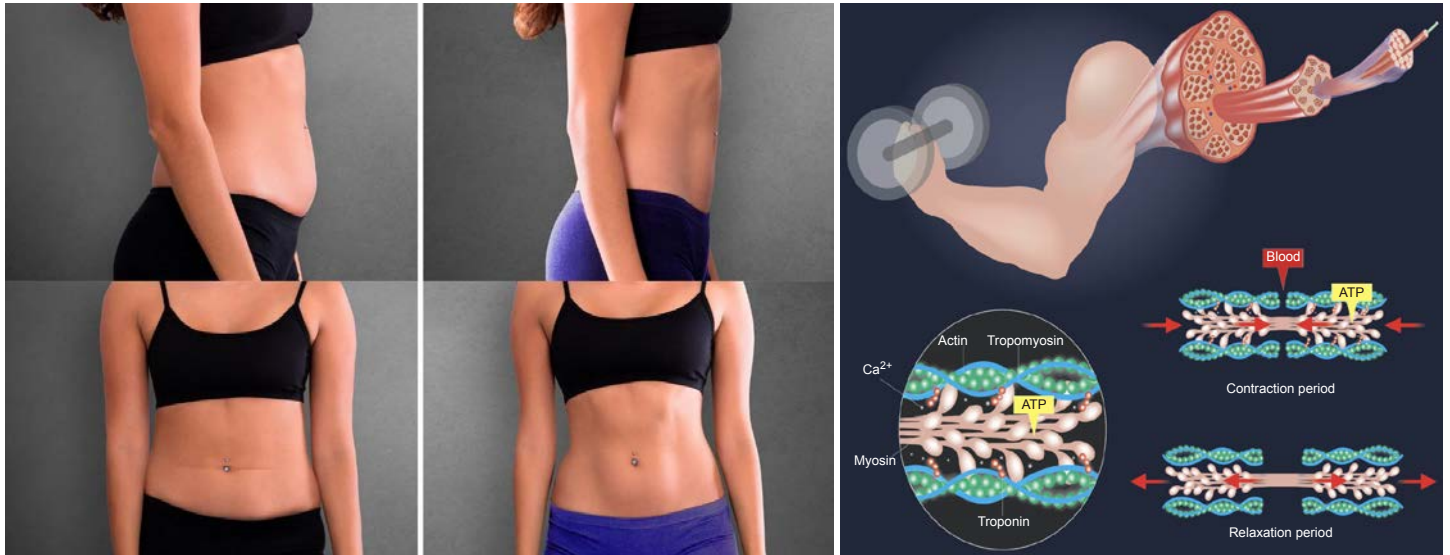


**However, not everyone can perform HIIT due to body functions**



# The effect of increasing muscle

HI-EMT uses a specific range of frequencies that do not allow muscle relaxation between two consecutive stimuli. Muscles are forced to maintain a contracted state for several seconds. When repeatedly exposed to these high-load conditions, muscle tissue is forced to adapt under pressure. Studies indicate that, One to two months after HI-EMT treatment, patients' average abdominal muscle thickness increased by 15% -16%.



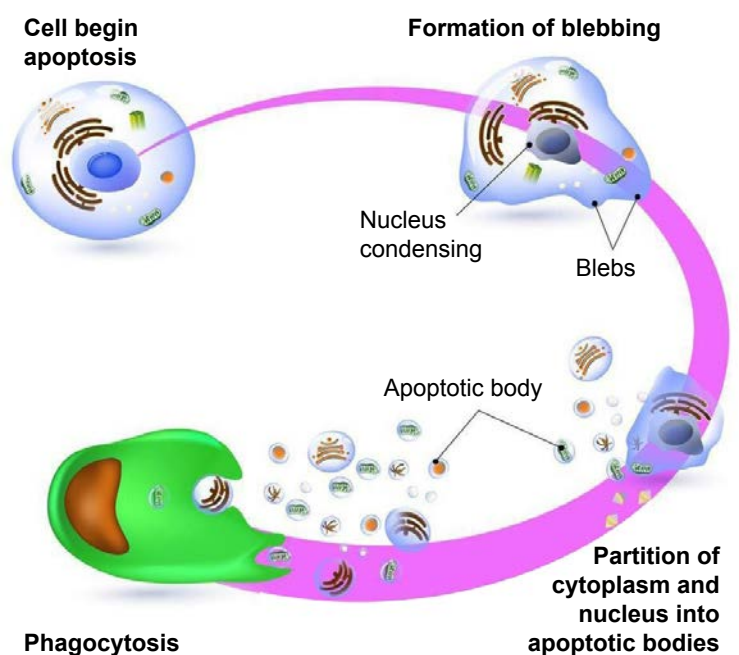
## Fat-reducing effect

Several recent studies using CT, MRI, and ultrasound evaluations have reported a reduction in the subcutaneous fat layer of approximately 19% in patients treated with HI-EMT-based devices in the abdomen.

The principle of apoptosis induced by increased free fatty acid concentrations has been observed and confirmed in many studies.



## APOPTOSIS

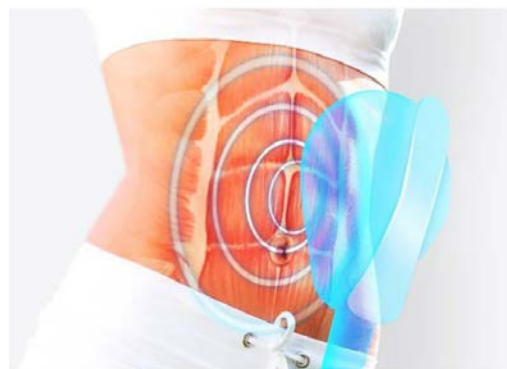


# Applications —Women's Applications

## Targeted muscle training to be "thin should be thin"

There is always a problem for women to lose weight-how to lose weight without losing breasts? No matter taking diet pills,meal replacement or strengthening exercise,losing weight will result in over all weight loss,including breasts!

Slim beauty has special muscle-building models for different parts, so you can raise your hips, reduce thigh fat, thin arms, and increase abdominal muscles without losing your chest !



### Building muscle and reducing fat, but not thin chest

#### Free choice of movement parts



## Application-Women's "Hip"

### Look at the chest in front, buttock in the back

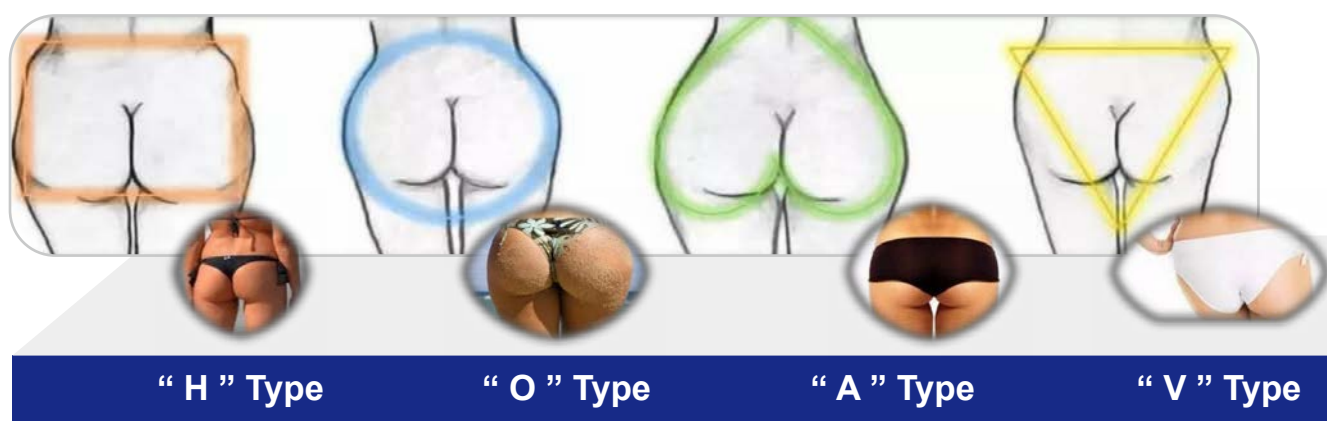
#### The most attractive thing is to raise your hips

The study found that 48.1% of men like to see a woman's chest; the next is the hip. That is, men love to see women's hip,when they look at women's backs.Hip is one of the important parts to show the charm of women. In addition to being a symbol of sex, hip warping is also a necessary condition to show the S-curve, which is the so-called protrusion and back warping. Hip warping is the most attractive part for men. If you want to attract men's eyes with sexy back, you need to practice beautiful magic buttocks.





**No matter what type of butt you have, can slim beauty help you change sexy hip**



### **“ H ” Type**

This special type is formed by a higher and more prominent hip bone, or there is more fat distribution on both sides of the waist, so the overall appearance is square, and it is closer to "straight up and straight down", rather than a smooth curve from waist to hip.

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### **“ O ” Type**

This type is that the fat grows to the buttocks, which will have a mellow visual effect from the back. As long as it's not too much fat, the hip shape can be kept better.

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### **“ A ” Type**

In this type of hip, easier for the thigh to accumulate fat. Fat storage around the hips and thighs is mainly caused by female hormones. As you age, decreased hormones may cause fat to tend to be stored around the abdomen.

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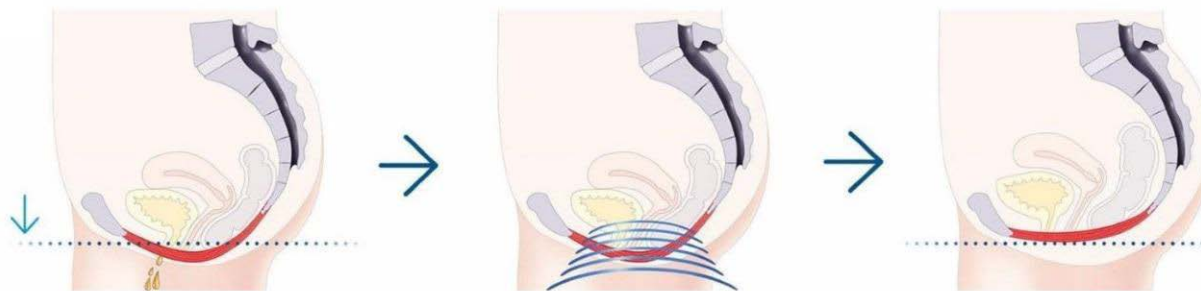
### **“ V ” Type**

These hips are more common in middle-aged and older women. The main feature is large at the top and small at the bottom. If you don't pay attention to muscle training, this hip type will begin to change to a loose shape.

# Application-Postpartum Lady "Private"

## Restore the tightness and elasticity of privacy and regain happiness and joy

Using hi-emt technology, activate the collagen regeneration of the lower pelvic floor muscle tissue, tighten the relaxed pelvic floor muscle, and comprehensively improve the degree of muscle control. With non-invasive, painless, non-invasive, non-invasive, non-radiative, non-thermal technology, compact bottom private, there is no need to take off the pants, zero embarrassment, zero pain and comfort, easy to restore the privacy of the private place.



With the growth of age, long-term constipation, coughing or women's birth baptism, muscles in the lower plate become loose and urine seeps out.

Magnetic thinning adopts HI-EMT technology and non-invasive focused magnetic resonance MRI technology to improve the toughness of lower muscles.

After the course of treatment, the lower plate muscles are significantly improved, which solves the problems of urine infiltration and incontinence

# Application-Postpartum Lady "belly"

## Non-invasive technology to improve the separation of rectus abdominis

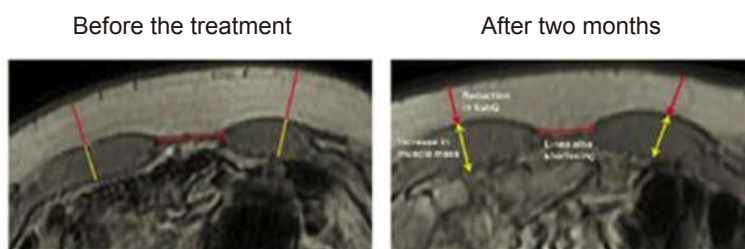
It may not be normal to have a "mother's belly" after childbirth! As many as 60% of mothers have the separation of rectus abdominis after childbirth. Because the fetus has the opportunity to open the abdominal muscles during the growth period, the loss of support will make the organs fall down, resulting in problems such as protruding belly, back pain, constipation, and even urine seepage after childbirth, affecting daily life.

Once the separation of rectus abdominis occurs, the traditional tumbling exercise will only make the abdominal muscles more open. However, the suture of rectus abdominis by laparotomy is not a good strategy because of its great trauma and slow recovery.

Only HI-EMT brings non-invasive technology to postpartum women and solves the problem of rectus abdominis separation for postpartum mothers. The latest MRI magnetic resonance and CT computed tomography medical studies have confirmed that rectus abdominis separation decreases on average after HI-EMT Up to 11%, while reducing fat by 19% and muscle growth by 16%, it is the perfect solution for mothers to lose weight and maintain health at the same time after giving birth.

**Magnetic resonance imaging(MRI):**  
**Improving the separation of rectus, abdominis,**  
**make fat thinner and muscle**

## Separation diagram of rectus abdominis



# Application - men

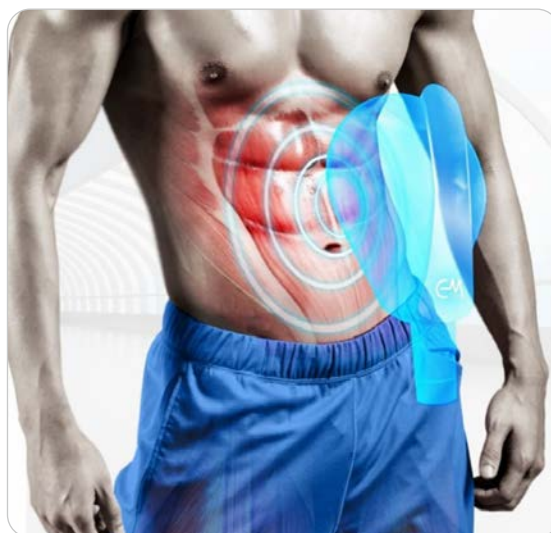
Extreme muscle training beyond the limits of muscle movement,easy to have abdominal muscles and mermaid line



During normal exercise, the brain sends information to stimulate motor neurons, but only 20-30% of the muscle fibers are active.

Slim beauty machine uses HI-EMT technology to directly stimulate motor neurons, causing nearly 100% of muscle fibers to be active.

It can efficiently burn fat cells and excrete them through metabolism; At the same time, it can quickly increase muscle tissue and protein chains, increase muscle thickness and density, and strengthen muscles quickly, allowing men to easily have perfect abdominal muscles and mermaid lines.



## Treatment effect

Confirmed by medical research

### one course of treatment

The apoptosis rate of fat cell is 92%

### four course of treatment

↓ The average abdominal fat thickness is 19.0% (4.4 mm)  
↓ The average thickness of abdominal fat is 18.6% (4.3 mm)  
↓ The average waist circumference lost 1.4 inches  
↑ The average abdominal muscle thickness is 15.4%

### 5-8 course of treatment

↓ The average abdominal fat thickness is 19.2% (3.4 mm)  
↑ The average abdominal muscle thickness is 15.8%

A course of treatment is 4 times, each time only takes 30minutes.Do it at least 2 times a week and 2 weeks in a row,easy and fast.



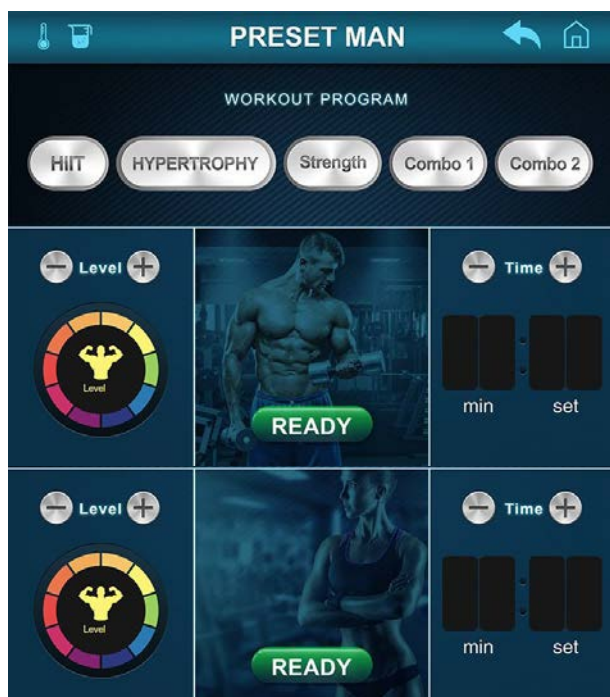
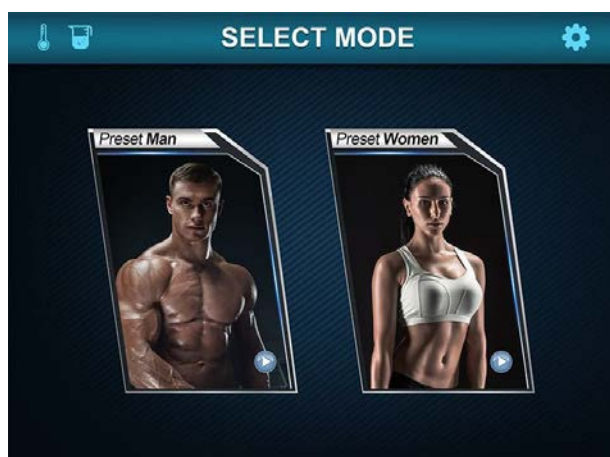
## Advantage—Patented cooling system



- Patented cooling technology makes it last.
- Continuous cooling technology makes the treatment head will not produce high temperature, greatly improving its output power which make it very stable.
- The market magnetic wave instruments are generally only 2.5-3.0 Tesla, while the magnetic thinness can be adjusted

up to 7 Tesla, The perfectly balanced continuous energy output rate is absolutely speechless in the body-building equipment on the market.

## Advantage—Intelligent private education design



## Advantage—Intelligent private education design



### Man

Build Muscle	Course	1	2	3	4	5	6
	Program	Hypertrophy	Combo2	Hypertrophy	Combo2	Hypertrophy	Combo2
Fat Burner	Course	1	2	3	4	5	6
	Program	HIIT	Combo1	Strength	Strength	HIIT	Combo1



### Women

Build Muscle	Course	1	2	3	4	5	6
	Program	Hypertrophy	HIIT	Combo2	Hypertrophy	HIIT	Combo2
Fat Burner	Course	1	2	3	4	5	6
	Program	HIIT	Combo1	Strength	HIIT	Combo2	HIIT

## Advantage—5 Sports mode

### Improving muscle strength, muscle quality and muscle endurance at different levels

#### HIIT- High intensity interval training mode of aerobic fat reduction



1. The therapist can easily lie down and do exercises like HIIT, which increases muscle strength, cardiovascular endurance, and glucose metabolism, so that the body consumes more calories.
2. Significantly reduced body fat while exercising muscle.
3. It can effectively reduce the exercise load when the therapists do HIIT high-intensity intermittent training.

#### Hypertrophy --Muscle strengthening training mode



1. Muscle strengthening training mode focuses on muscle growth.

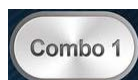
2. Helping to create and maintain a healthy body by inducing muscle growth.
3. Muscle strengthening training mode is set to stimulate muscle to strengthen anaerobic training with the optimal frequency and time.
4. It is recommended that the therapist consciously keep breathing while the muscles are being stimulated; instead, when the muscles are stopped, breathe out for a short time and then breathe again to provide the muscle with sufficient oxygen and energy.

### **Strength --Muscle strength training mode**



1. Muscle strength training modes such as weight training(WeightTraining).
2. To increase muscle strength without increasing muscle mass is to focus on high-intensity and low-frequency training methods.
3. It is necessary to maintain high intensity for a short period of time to stimulate the number and thrust of neurons and the coordination ability of muscle fibers. When combined with breathing control during treatment, it can help the treatment effect.

### **Combo 1 + HIIT+ Hypertrophy**



#### **Training mode of strengthening muscle & reducing fat**

1. Combo1 combined by HIIT and hypertrophy modes.
2. The model is designed for therapists who want to burn fat and exercise muscles at the same time.
3. There are 5 types of cross-repetition frequency and intensity design. The 30-minutes treatment makes the therapist feel different muscle contraction.

### **Combo 2 Hypertrophy + Strength**



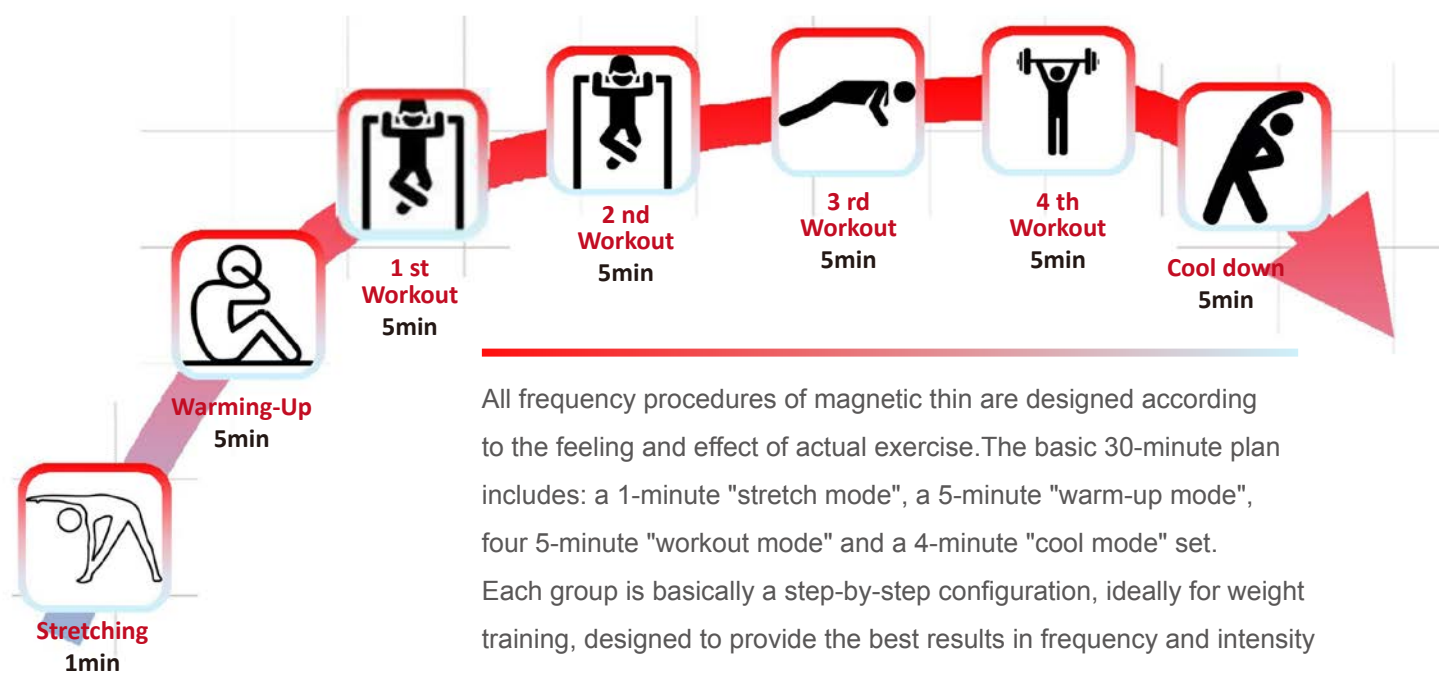
#### **Training mode of strengthening muscle & muscle strength**

1. Combo2 combined by Hypertrophy and Strength modes.
2. The model is designed for people who want to be more fit.
3. It also builds strength and muscle, helping its overall muscle growth.





## Advantages—Step exercise program



## Slim beauty VS other brands

Product	Our machine	A	B
Output intensity	7 Tesla	3 Tesla	2.5 Tesla
pulse	300μs	150μs	unknown
Contraction (30 min)	more than 20000 times	-	20,000
Cooling	Cooling system	Oil	air
Leakage	No	Oil leakage	No
Manual mode	Yes	No	No

Tesla" the unit of magnetic wave density, the higher the value, the stronger the magnetic force.

μs "microseconds", 1s = 100cps = 1000ms = 1000000 microseconds; next to nanoseconds, the higher the value, the faster it will be.

## Slim beauty VS doing Gym

Gym	Slim beauty
People who are not used to sports are easy to pull, twist and hurt due to their weak physical strength and muscle strength	The whole treatment process, just lie down, will not bring unnecessary burden to the body, and will not cause damage
Buttocks, lower abdomen, and waist are easy to accumulate fat, so that the fat layer is too thick and it is difficult to lose fat. Unwanted fat parts are also consumed during exercise, making it difficult to achieve the ideal line effect.	It can be localized to the desired weight loss location, reducing fat and increasing muscle at the same time. The increase of muscle content can help to burn fat and greatly reduce the accumulation of fat.
No matter how intense the training is, only limited muscle contraction can be achieved	More than 20000 muscle contractions in 30 minutes
Under normal circumstances, exercise can only cause a limited contraction of 30-40% of the muscles.	Slim beauty can stimulate 100% muscle and maintain super high intensity contraction. The parts that can't be exercised are also stimulated and contracted.
In the process of sports training, there will be sweating and hard feeling.	Non-invasive, non-optical, non-thermal, non-freezing, non-ionizing, non-radiating, non-traumatic. Only the muscles feel contracted,painless, not hard, and not sweating.
It takes a long time for sports to be effective.	100% extreme muscle contraction accelerates fat cell metabolism, effectively reduces fat thickness and reshapes muscle lines after a course of treatment. Patients' abdominal muscle thickness increased by an average of 15%-16%.

# Collection of selling points

## Sport mode

### Reducing fat

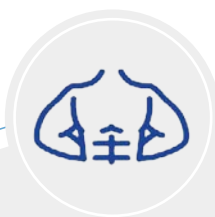
four courses of treatment  
are effective  
---reduced fat by 21%



## Design mode of intelligent coach

### Building muscle

four courses of treatment are effective  
---Increased muscle mass by 16%



## Step exercise design

### Non-contact

simple, operation,  
saving effort and time



## 7 Tesla e wave intensity

### Non-immersive

painless and harmless,  
safe science

## Patented freeze technology

### Relaxed muscle

reshape muscle line, beauty  
outside and health inside



# Specifications

Power	Voltage	220 V50/60Hz
	Power consumption	2.3KVA
Magnetic wave	Output intensity	0- 7 Tesla
	Shape of stimulation pulse	HI-EMT
	Pulse	300μs
Size	Size(height x width x depth)	570x510x1350 (mm)
	Weight	65kg



# Case of slim beauty



Before

5 Weeks After

8 Weeks After



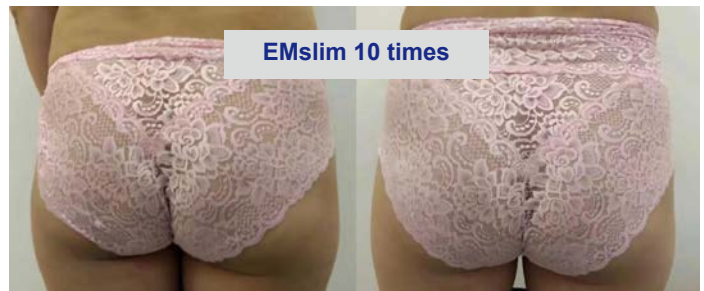
Before

After



Before

After



Before

After



Before

After



The first time

The eighth time



Before



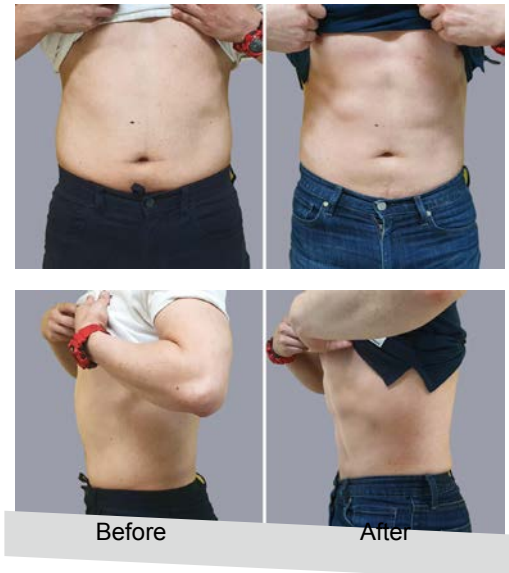
12 weeks after 4t '' treatment



Before



8 weeks after 4t '' treatment



## Contraindications & Precautions

### Contraindications

1. Patient with a pacemaker
2. Pregnant or lactating women
3. Patients with a heart attack or a weaker heart
4. Those implanting implants in the body
5. Those people with cerebrovascular disease (stroke patients)
6. Those with brain damage or previous brain surgery
7. Do not operate near the carotid artery
8. Those people using implantable medical devices

## Precautions

1. Do not be full during treatment, at least 1 hour after meal
2. Do not carry any metal on the healer
3. The operation site and treatment probe shall be dry, waterless or moist
4. Operating energy varies from person to person, gradually increasing from low energy
5. The total operation time of a day shall not exceed 1.5h, and one part shall not exceed 1h
6. Do not put any electronic products or metal objects on the operating instrument
7. Do not eat or drink water during the operation. Try to eat 1 hour later after the operation (drink more water and eat foods with high protein content)

## Operating parts



Abdomen



Gluts



Hamstring



Shoulder Arm



Thighs



# Selection of facial position

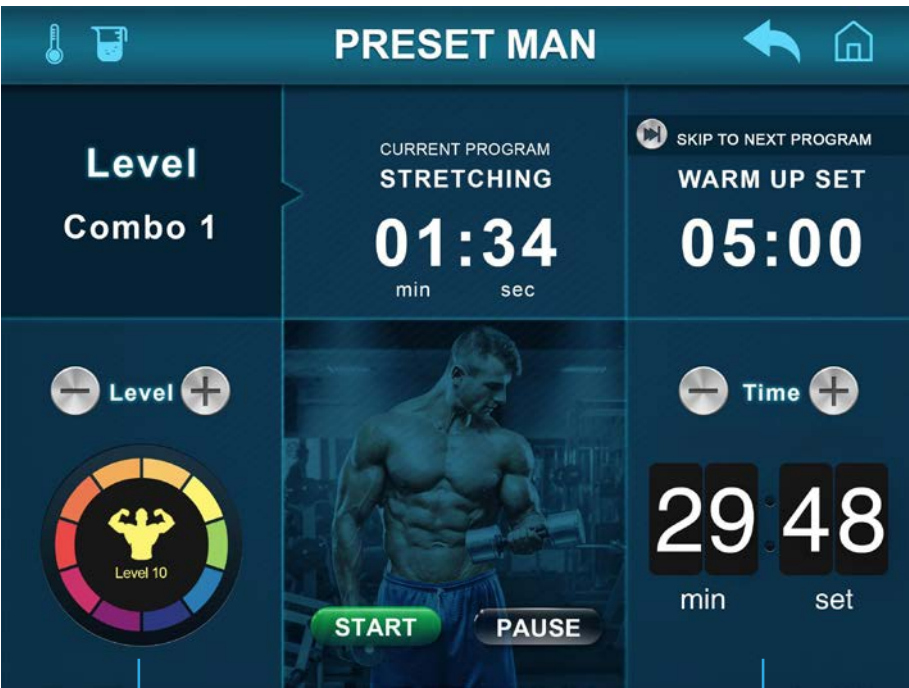
## Selection of operation position

The selected interface must be consistent with the location of the operation



# Interface operation

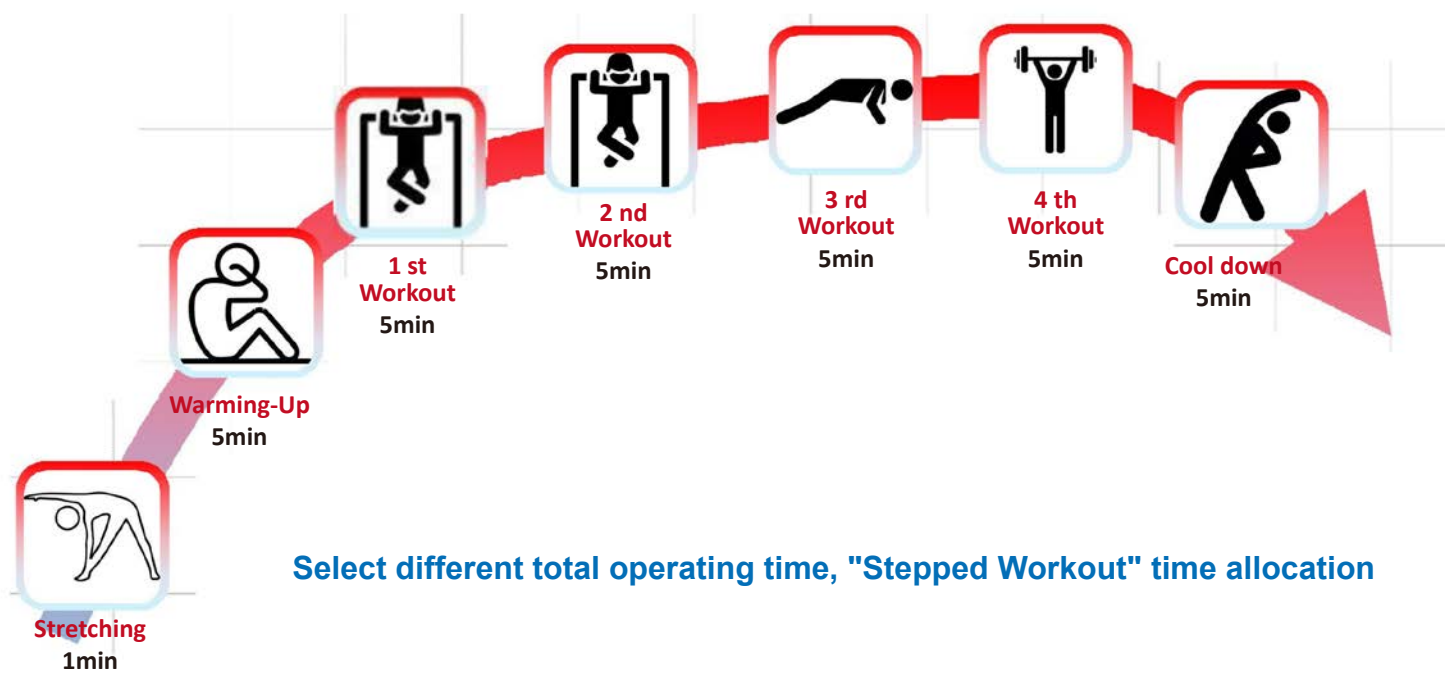
## Selection of energy intensity and time



Selection of energy intensity

The default is 30 minutes, can be adjusted and enters the countdown after starting the operation

# Stepped workout time allocation



Operating time	Stretching	Warm-Up	Workout	Cool down
30min	1min	5min	4 groups 5min	4min
2min	1min	5min	3 groups 5min	4min
20min	1min	5min	2 groups 5min	4min
15min	1min	5min	1 groups 5min	4min
10min	1min	5min	——	4min
5min	1min	——	——	4min

# Q & A

## Q: Who is suitable for slim beauty machine?

A: This technique can provide beneficial muscle tightening for most people. Only pregnant and lactating women should not be treated; For women who are close to menstruation, if they receive treatment, menstruation may come earlier or they may experience stronger abdominal cramps. Therefore, we recommend that they avoid treatment during this period. If the body is under the following conditions, people cannot receive treatment: metal or electronic implants at the treatment site, pacemaker implantation, defibrillator implantation, neurostimulator implantation, drug pump implantation, malignant Swelling, epilepsy, recent surgery.

## Q: Which parts of the body can be used slim beauty machine?

A: It was approved by FDA, it can improve the muscle lines of buttocks and abdomen, and also help to promote fat metabolism. The most suitable parts are: abdomen, buttock, triceps.

## Q: What do users need to prepare for using the slim beauty machine?

A: It's recommended that users wear comfortable clothes so that they can position themselves flexibly in the process.

## Q: Does it hurt?

A: The program itself is painless. There is no need for anesthesia. Just lie down and use two panels at the same time to apply high-intensity focused electromagnetic energy. The feeling during treatment is best compared to your muscle feeling during intense exercise.

## Q: Does it safe?

A: It has obtained the dual safety and effectiveness certification of FDA and CE, and the process is painless and non-invasive.

## Q: How long will you see the effect after the treatment?

A: Some users found that the abdominal muscle line had improved one day after the treatment. To achieve the effect of breaking down fat and increasing muscle, 4 treatments were needed. The best effect is 2-4 weeks after the course of treatment. After the treatment, it can reduce fat by 19% and increase muscle by 16%.

## Q: How long can the effect last?

A: Do 4 times, the effect can be up to six months. But some people may need additional treatments for best results. If you take the course every 2-3 months, you can better maintain the optimal state.

